

CANARY WHARF

Place, 020 7715 5818) but also an excellent place to eat, serving a menu focused on beef, lamb, game and seafood, mainly sourced from Scotland. You can dine to the sound of live jazz, blues and soul, and there is a more informal bar and grill on the first floor.

At **Ibérica Canary Wharf** (Cabot Square, 020 7636 8650) executive chef Nacho Manzano,



chef-patron of the two Michelin-starred Casa Marcial in Asturias, and his protégé Cesar Garcia have designed an innovative Spanish tapas menu.

For breathtaking views, book a seat at **Plateau** (020 7715 7100), located on the fourth floor of Canada Place. Here you can enjoy classic French dishes at the restaurant, or dine at the more informal bar and grill.

The latest addition is the Parisian restaurant **Le Relais de Venise L'Entrecôte** (Mackenzie Walk, 020 3475 3331). It takes no reservations and has no menu – it's green salad, steak and frites for all, ensuring you can eat well but still be in and out within your lunch hour. It's open every evening too. Or, if you are out to impress, try the fresh northern Japanese Robata grill at **Roka** (The Park Pavilion, 020 7636 5228). The menu also features dishes from the main kitchen and a selection of sushi and sashimi.

Family-friendly dining

There are a number of quality, family-friendly dining options, such as the hamburger joint **Byron** (Cabot Place, 020 7715 9360)

and Mexican diner **Wahaca** (The Park Pavilion, 020 7516 9145).

Adults and children alike enjoy good pizzas and pasta, so **Wildwood** (Jubilee Place, 020 7719 1213) and **Pizza Express** (Cabot Place, 020 7513 0513) are always reliable choices, as is **Carluccio's** (Reuters Plaza, 020 7719 1749). For a big family treat, there's **Jamie's Italian** (Churchill Place, 020 3002 5252), which was the first Jamie's Italian to be opened in London.

Food on the go

There is no shortage of cafés. Highlights include **Café Brera** at Cabot Place and Jubilee Place and **Taylor St Barista** on the South Colonnade in addition to **Costa**, **Caffè Nero** and **Starbucks**. For a healthier option there's **Crussh**, or try an all-natural pie at **Square Pie**, both at One Canada Square.

Sweet treats

Got a sweet tooth? Head to **Sweet Couture Cake Boutique** (Canada Place, 020 7519 1042) or **Krispy Kreme** (Canada Place, 020 7513 1000). **Hotel Chocolat** (Canada Place, 020 7519 6190) and **Charbonnel et Walker** (Cabot Place, 020 7512 9168), also offer delectable confectionery.

For those who know that good ice cream is a fine art, **Zazà** offers more than 70 gelato flavours, all made from natural ingredients. They also offer healthy lunchtime delights at their branches in Canada Place and Jubilee Place (020 7719 1442).



A DATE WITH MATES

1.30pm Start with lunch and a locally brewed pint at the **Old Brewery** in Greenwich.

3pm Stock up on old-fashioned sweeties (for sharing!) at **Mr Humbug** in **Greenwich Market**.

4pm Take the DLR to Canary Wharf and go for a stroll exploring the many amazing works of art dotted throughout the parks and plazas around **Cabot Place**, **Canada Square** and **Jubilee Park**.

5.30pm Walk across the pontoon bridge at West India Quay and enjoy a coffee or a cocktail at **Rum & Sugar** bar-restaurant, part of the **Museum of London Docklands**.

7pm Check out the Canary Wharf comedy or acoustic music nights or hop on the DLR and head to Stratford for a spot of American-chic tenpin bowling, beer and burgers at **All Star Lanes**.

Drinking

Bars

Rocket Restaurant & Bar (Churchill Place, 020 3200 2022) has a wide range of cocktails, wines, beers and champagnes. Premium spirits and skinny cocktails are also expertly served at **The Parlour** (The Park Pavilion, 0845 468 0100).

If you like to savour a good malt, **Boisdale of Canary Wharf** (see also Fine dining, p15) stocks over 1,000 different bottles of whisky. This world-class whisky bar also has a terrace and a humidor, and, along with its fine restaurant, it's a jazz venue with renowned musician Jools Holland as its

MICHAEL FRANK/LAURENCE DAVIS/NICK BALLON

Patron of Music. The bars at **Plateau** and **Roka** offer fantastic views of Canada Square Park, and other options include **Corney & Barrow** (Cabot Square, 020 7512 0397) and **Davy's** wine bar (Fisherman's Walk, 020 7363 6633), which also has a grill room.

Events

All year round, Canary Wharf is busy with special events.

This winter, the season kicks off with The **Autumn/Winter Fashion Weekend** (Sept 28-30). Enjoy offers, discounts and fashion shows throughout the shopping malls.

Saturday November 3 sees the start of a new season for the **Ice Rink at Canary Wharf** (see Events, p28). Along with this magical chance to skate under the stars, there will be a variety of special events to enjoy.

The Experimental Food Society Spectacular exhibition (Nov 16 and 17) is hosted at the East Wintergarden. This annual culinary arts exhibition features displays, interactive installations, demonstrations, samplings and workshops.

To kick-start the Christmas festivities, **Winter's Most Wanted** returns to the shopping malls on November 29. It's the perfect opportunity to snap up that party dress or festive gift, with in-store discounts and an evening of entertainment, fashion shows and giveaways.

Then Canary Wharf celebrates the start of the festive season with **Santa's Arrival** and the opening of **Santa's Grotto** in Jubilee Place on December 1. There's also a programme of free **Children's Festive Activities**, including art and craft workshops and face painting, taking place throughout the shopping malls from 11am to 5pm each weekend throughout December.

Canary Wharf
Canary Wharf, E14 5AB
(www.canarywharf.com)

LAURENCE DAVIS



OUTDOOR SPACES

Canary Wharf's delightful landscaped parks, squares and plazas provide great spaces to relax in

Heron Quays Park

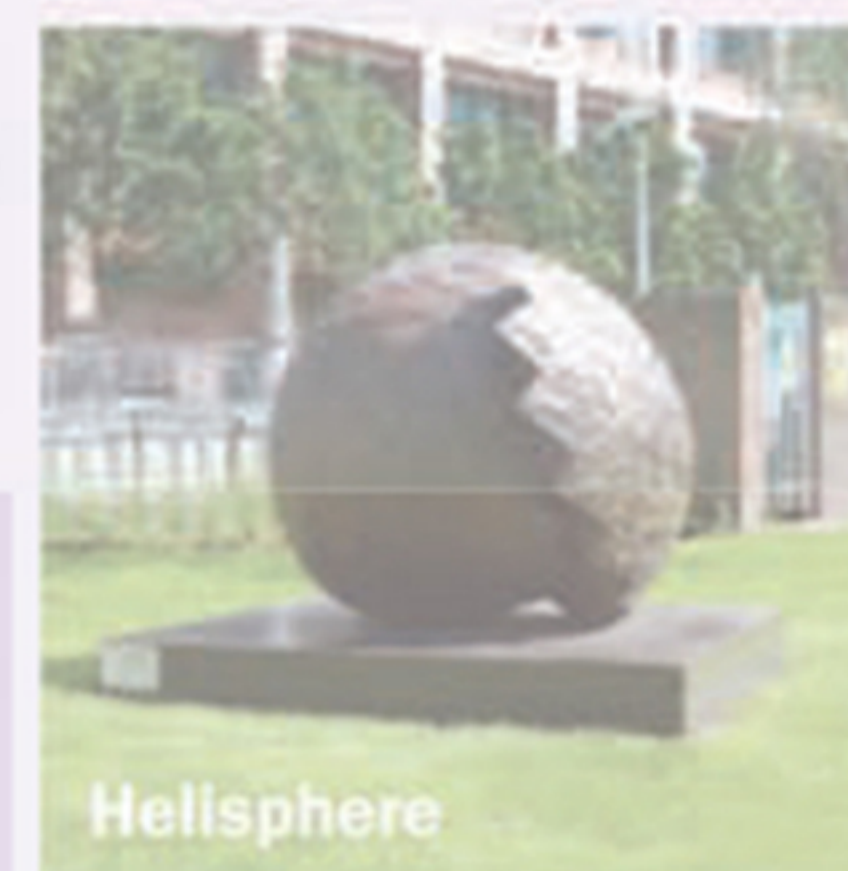
Recently opened Heron Quays Park is a pocket of lawns, trees and plants situated alongside Middle Dock. Typical of the eye for art that is evident across the Canary Wharf estate, it features sculptures including two works by Charles Hadcock – **Torsion II** and **Helisphere** – which started their life at Canary Wharf as part of the artist's major exhibition in Jubilee Park in 2011. These two works have now joined the outstanding collection of outdoor sculptures and other works of art waiting to be discovered around the estate.

Art outside

The light levels of traffic in Canary Wharf make it easy for you to take a stroll around its squares and plazas. **Westferry Circus** is surrounded by railings and gates by Guiseppe Lund, while the larger size of **Canada Square Park** allows it to host all kinds of sports and cultural events throughout the year (for diary highlights see pages 26-30). **Jubilee Park** is a leafy space above the ticket hall of Canary Wharf tube station, with a walled water feature. There are also regular temporary art exhibitions there.

Go for a wander and discover other outdoor artworks, like Jeff Bell's sculptural cast glass disguising the ventilation shafts at **Cabot Square**, Igor Mitoraj's centaur sculpture on **Montgomery Square** and the translucent blue 'Columbus Screen' by Wendy Ramshaw, near the pool and fountains of **Columbus Courtyard**.

The latest art commission revealed at Canary Wharf is a massive painting on the 150m-long bridge spanning the dock between **Canary Wharf and Heron Quays DLR stations**. Artist Sinta Tantra was inspired by the surrounding architecture and the changing light and weather, as well as by her Balinese heritage. She joins the many other international artists with works here, including Bill Culbert, chosen to represent New Zealand in the 2013 Venice Biennale, whose neon sculpture 'Coup de Foudre II' adorns **Churchill Place**.



Helisphere